

# JNAN VIKAS MANDAL'S (Linguistic Minority) Mohanlal Raichand Mehta College of Commerce

DiwaliMaa College of Science Amritlal Raichand Mehta College of Arts Dr. R.T. Doshi College of Computer Science

Plot no.9, Sector -19, Airoli Navi Mumbai

### College Women Development Cell.

#### NOTICE

Date: 08/09/2022.

College Women Development cell committee members are informed to attend the meeting. The following teachers are informed that a meeting is scheduled on 10<sup>th</sup> September 2022, to organize Seminar for the students. The meeting will be conducted in the Principal's Cabin at 11 a.m.

All the WDC faculty members are informed to attend the meeting.

#### Agenda of the meeting

The following points will be discussed in the meeting. The members are requested to come prepared for that.

- 1) To discuss conducting a seminar for the students.
- 2) To finalize the resource person for conducting the seminar.
- 3) To finalize the date for the conducting seminar.
- 4) To decide the objectives of the seminar.
- 5) To distribute the duties to the faculties.
- 6) Any other matter with the permission of the Chair.

Principal & Chairperson - Dr. Leena Sarkar.

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PRINCIPAL

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J.M. COLLEGE OF COMMERCE

D.M. COLLEGE OF SCIENCE

A.R. MEHTA COLLEGE OF ARTS

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#### Minutes of the meeting

10/09/2022.

pencipal Dr. Leena Sarkar held a meeting with the Women Development Cell members for anducting a seminar for the female students of the college. The following members were arrent in the meeting. The meeting was conducted in the Principal's Cabin at noon.

Principal - Dr. Leena Sarkar

onvenor- CWDC Dr. Savitri Dholey

Members:

Hanhada Asst. Prof. Harshada Niju

Asst. Prof. Sharayu Kadam

Asst. Prof. Bhagyshree Kulkarni

Asst. Prof. Sanjay Gupta

Mrs. Vinita Patil (Non-teaching staff) Weeting

The following points were discussed and decisions were taken in the meeting.

- It was decided to organize a seminar for the female students of the college.
- 2) It was decided to conduct a seminar in association with 'Million Minds
- 3) It was decided to invite Ms. Anjanette Raj from IBS College, Powai, Mumbai, as a resource person for conducting the seminar.
- 3. The topic for the seminar was decided as-"Personality Development and Menstrual Hygiene ".
- The date for the seminar was decided on 12th September 2022.
- 5. The objective of the seminar was to create awareness among female students about personal hygiene and to build self-confidence.
- 6. The Meeting was concluded with a vote of thanks by the chairperson, as there was no further point to discuss.





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## Report on 'Personality Development and Menstrual Hygiene Seminar'.

Date: 12/09/2022.

College Women Development cell and Sanitation and Hygiene Committee of JVM'S Degree college has organized a seminar in association with the 'Million Minds' topic on Personality Development and Menstrual Hygiene' for female students of the Degree and Junior college on 12th September 2022.

The resource person was Ms. Anjanette Raj from IBS Powai.

Very first, Ms. Anjanette Raj focused on how to prepare for corporate interviews and groom one -selves personality for corporate work culture. She described very lucidly how girls should carry their personality, and maintain corporate-style attire. She further explained that during the interview session one should sit straight and place one hand properly on the table, and should answer confidently. Also, she showed various corporate videos for improving communication skills and carrying perfect body language. It is very important for females for maintaining personal cleanliness and hygiene during menstrual time, hence she showed videos prepared with medical experts' guidance based on menstrual hygiene which was enacted by a celebrity like Tapsee Pannu and Bhumi Pendnekar. This seminar was organized in two sessions, the morning session was for degree college female students, and the afternoon session was for junior college female students. The seminar was very much interactive and knowledgeable, at the end, all the attendees' students were given gift hampersPacks of sanitation.

Dr. Savitri Dholey

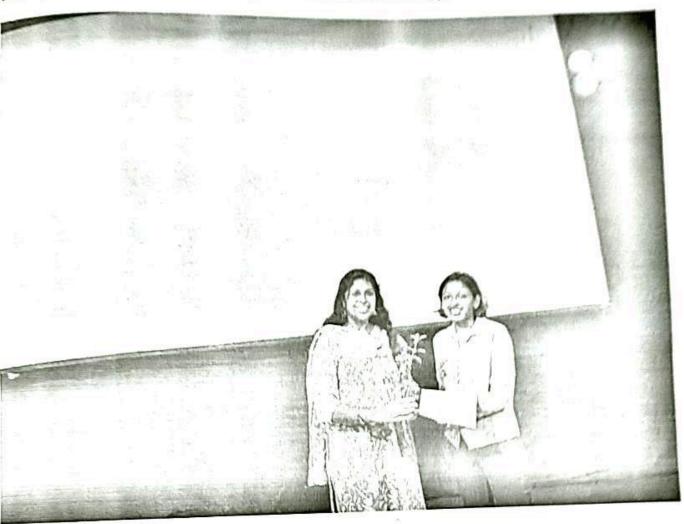
Convenor

Principal Dr. Leena Sarkar

Chairperson- Principal

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photograph of Personality Development and Menstrual Hygiene Seminar





Leena

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